

fair isle wrist cuffs

Designed by Monica Russel

These little wrist cuffs will keep you lovely and warm whilst leaving your fingers free. They are knitted in a simple fair-isle and they complement the scarf, snood and hat to mix and match your own accessories.

Yarn

3x 50g balls (94m/103yds) Rooster Almerino Aran (50% baby alpaca/50% merino wool)

Yarn A: 321 Sorbet x 1 ball

Yarn B: 309 Ocean x 1 ball

Yarn C: 320 Silver x 1 ball

Needles

1 pair of 4.5mm (UK 7/ US 7) single-pointed needles

1 pair of 5mm (UK 6/ US 8) single-pointed needles

1 tapestry needle

Size

Width around widest point: 8in (20cm)

Length to cuff: 7.25in (18.5cm)

Tension

22sts and 21rows to 10cm (4in) square using fair isle pattern and 5mm (US 8) knitting needles.

Note

When doing fair isle twist the yarn every 2–3 sts to avoid large loops at the back of your work



Abbreviations

RS right side

WS wrong side

KTBS knit through the back of the stitch to form a neat/ tighter edge when using a traditional cast on

K knit

P purl

sts stitches

inc increase (1) by knitting into the front and back of the stitch

C4B slip 2 sts onto a cable needle and hold at back of work, knit 2 from left-hand needle, knit 2 from cable needle.

C4F slip 2 sts onto a cable needle and hold at front of work, knit 2 from left-hand needle, knit 2 from cable needle.

Right Hand

Using 4.5mm needles and yarn A cast on 42 sts.

Next row KTBL

Cable Rib-knitted in colour A

Rows 1 and 5: P2, *K4, P4, rep from * to end of row

Row 2 and every alt row up to row 8: *K4, P4, rep from * to last 2 sts, K2

Row 3: P2, * C4B, P4 rep from * to end of row

Row 7: P2, * C4F, P4 rep from * to end of row

Rows 9–12: As rows 1 – 4

Change to 5mm needles

Shaping for thumb

Row 13: Using colour B, K20, inc1, K7, inc1, K15 (44sts)

Row 14: Purl colour B

Now work from chart A placing sts as follow:

Row 15: K1B, *K2C, K3B, K1C rep from * x 7, K1B

Row 16: P1B, * P2C, P1B, P3C, rep from * x 7, P1B

Row 17: K1B, * K1B, K5C, rep from * x 7, K1B

Row 18: P1B, * P1B, P3C, P2B, rep from * x7, P1B

Row 19: K20B, inc1, K9B, inc1, K15B, (46sts)

Row 20: Purl colour B

Row 21: K20A, inc1, K11A, inc1, K15A (48sts)

Row 22: Purl colour A

Rows 23–28: Work from chart B. The pattern is repeated 6 times

Divide for thumb

Row 29: K33A, turn

Row 30: P13A. Continue working on these 13sts only

Rows 31–32: St st colour B

Row 33–35: Work from chart C

Cut off yarn C

Row 36: Purl colour B

Row 37: Knit colour B

Row 38: * P1B, K1B, rep from * to last st K1B

Cast off sts

Sew side seams of thumb together using a mattress stitch with right sides facing.

Now re join yarn A. With RS facing, pick up 3 stitches from the base of the thumb, then knit to the end of the row.

Next row purl using colour A

Completing the main body of the wrist cuff

Rows 1 and 2: St st colour B

Now work from chart D using colours B and C

Chart A



Chart B

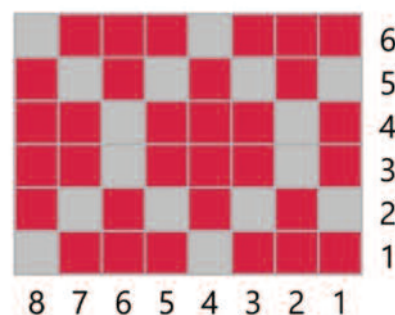


Chart C



Chart D



Row 3: (Row 1 of chart) Work sts 1–10 of chart x 3, then sts 1–8 once more

Row 4: Work sts 8–1 once, work sts 10–1 x 3

Row 5: As row 3

Cut off yarn C

Rows 6–8: Starting with a purl row, St st colour B

Cut off yarn B

Rows 9–10: St st using colour A

Row 11: K1A, * K2C, K3A, K1C, rep from * x 7, K1A

Row 12: P1A, * P2C, P1A, P3C, rep from * x 7, P1A

Row 13: K1A, * K1A, K5C, rep from * x 7, K1A

Row 14: P1A, * P1A, P3C, P2A, rep from * x 7, P1A

Cut off yarn C. Change to 4.5mm needles

Row 15: K4A, K2Atog, K12A, K2tog, K12A, K2Atog, K3bA

Row 16: * K1, P1, rep from * to last st K1

Cast off all sts



Left Hand

Work as for right hand up to the shaping of the thumb.

Change to 5mm needles

Shaping of thumb

Row 13: Using colour B, K15, inc1, K7, inc 1, K20 (44sts)

Row 14: Purl colour B

Now work from chart A placing sts as follow:

Row 15: K1B, *K2C, K3B, K1C rep from * x 7, K1B

Row 16: P1B, * P2C, P1B, P3C, rep from * x 7, P1B

Row 17: K1B,* K1B, K5C, rep from * x 7, K1B

Row 18: P1B, * P1B, P3C, P2B, rep from * x7, P1B

Row 19: K15B, inc1, K9B, inc1, K20 B, (46sts)

Row 20: Purl colour B

Row 21: K15A, inc1, K11A, inc1, K20iA (48sts)

Row 22: Purl colour A

Rows 23–28: Work from chart B. The pattern is repeated 6 times

Divide for thumb

Row 29: K28A, turn

Row 30–38: As right hand thumb

Now continue working as right hand until the wrist cuff is completed.

Making up

With right sides facing, sew up the side seam using a tapestry needle and mattress stitch.